

The
Seedbed
Daily Text



FORTY STEPS ON THE ROAD TO RESURRECTION

YOUTH TEACHING PLANS

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The Seedbed Daily Text - Listen to Him: Forty Steps on the Road to Resurrection (Youth Teaching Plans)

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SESSION #1

FIRST SUNDAY OF LENT

HABITS

Introduction

Roads are remarkable things, providing both direction and clarity. Most of our great roads began as trails running through wild country, blazed with equal measures of tenacity and uncertainty. From these coarse tracks, into rutted wagon paths, winding highways, and then interstates, our roads have matured. Even a simple trail through woods, mountain, and desert allows a traveler to find their bearing and with confidence, continue. Our habits are the roadways of our lives. In the beginning, we may be uncertain of how they will shape us, and require some type of endurance. This Lent, we will journey together, listening to Jesus from Luke 9:18 to Luke 24:8, making roads in our hearts, minds, bodies, and souls on the way to the resurrection.

How to Use

Each week we will lean into a habit of listening to Jesus. This resource is intended to be a trail sign for each week, providing direction as you lead your students through Lent. With a reading from Luke, a brief reflection, an introduction for a weekly habit, and our sinner-to-saint prayer of identity, you can integrate this into your current ministry offerings. Use the reflection in a Sunday school as the conversation guide. Or, on a Wednesday night, read the weekly scripture and let the reflection be the outline for your student sermon, while the habit forms your breakout discussion. Throughout the week, you may challenge your students to post how they are practicing the habit with the hashtag #ListentoHim on your student social media platforms.

Classes and Bands

Promote the habit in small groups or bands. This is a journey you and the other adult leaders are taking alongside your students. Your ministry will feel the greatest reverberation if your groups are reading the Daily Text or participating in the Discipleship Bands App. **The habit of the second week is to huddle, and may provide a launching point for your students to form these small groups.**