

The  
Seedbed  
Daily Text



FORTY STEPS ON THE ROAD TO RESURRECTION

# CHILDREN'S LESSON PLANS

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The Seedbed Daily Text - Listen to Him: Forty Steps on the Road to Resurrection  
(Children's Lesson Plans)

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## INTRODUCTION

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During these six weeks during the holy season of Lent, we will be focusing on the events in the Gospel of Luke beginning with the transfiguration. As a companion curriculum to the *The Seedbed Daily Text: Listen to Him* by J. D. Walt, we have a common destination: Jerusalem. Our mission will be listening to Jesus along the way. Our goal will be to practice the art of listening through the means of the Story, activities, song, experiences, and simply praying. Through the art of listening, children will tell their story and how they hear Jesus speaking to them. The story is never-changing with ever-changing storytellers. Allow yourself to listen to Jesus as he speaks through the voices of those who have a special place in his kingdom.

## HOW TO USE THIS RESOURCE

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Each week you will read the Scripture together followed by a retelling of the story and characters. There will be discussion questions to help facilitate this along with an activity or object lesson. These lessons are intended to be interactive more than passive, however, please feel free to add to or subtract from the lessons to fit your ministry setting. These lessons are designed to be done in 45–50 minutes and can be modified for children ages K–5. This is best in a small group setting, but the Invitation and Listen to Him portions could be done in a larger group first then breaking down into smaller groups for the response time. The lessons are designed for you to make them your own. Lesson preparation should not exceed twenty minutes, though it is encouraged that you spend some extra time in prayer for those who are in your class. Our prayer is that you, too, will find Jesus speaking to you as you travel this road with the children. Come Holy Spirit!

1. **Invitation into the Story.** (10–15 minutes) This may include asking wonder questions or having some interactive play that draws children into the text. These questions vary in levels from concrete to abstract thinking.
2. **Listen to Him.** (5 minutes) This will be the reading of the text for the day. You may choose to see the story using videos suggested or hear the story by reading from an age-appropriate Bible.
3. **Responding to the Story.** (10–15 minutes) Children will engage the story by retelling it through their perspective. Adult leaders will act as tour guides with leading questions as the children engage the Story. Children will have opportunities to learn different ways of hearing Jesus. They will also be introduced to the memory verse for the week.

4. **Review the Story.** *(5–10 minutes)* Review the memory verse for the week. Allow children to share anything they have heard during your time together.
5. **Prayer.** *(5 minutes)* It is important for children to have prayer modeled for them. Take prayer requests in addition to reading the prayer printed in the lesson.

*\*Additional time. You can find coloring sheets for the lessons online or include an icebreaker game at the beginning.*

### **Supplies**

- Age-appropriate Bibles
- MP3 or CD player
- Markers or crayons
- *Optional:* Internet access/computer/screen to show videos
- *Optional:* snack items for specific lesson

# SESSION #1

## FIRST SUNDAY OF LENT

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**Bible Story:** The Transfiguration

**Scripture:** Luke 9:28–36

**Bible Verse:** “This is my son, whom I have chosen; listen to him.” Luke 9:35

**Wonder Question:** What distracts us from being a good listener?

**Other Supplies Needed:** Blindfolds (optional)

### INVITATION INTO THE STORY

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#### SAY

Welcome! I’m going on a journey with Jesus for the next few weeks. I want to learn what he has to say in the Gospel of Luke. I think he has a lot of great things to tell us. Would you like to go on this journey with me to listen to him? Great!

#### ASK

- Have you ever been in a crowded room when it was hard to hear what someone was saying? Why do you think it is so hard to hear them?
- What are some other ways that make it hard to listen to someone?

#### ACTIVITY *Select one or more activities to do*

- **Option One:** Select a child to wear some noise-canceling headphones or earplugs and have them face away from you while you talk to them to see if they can hear you. Then have them move closer and face you to see when they are able to hear what you are saying. You can do this with several children if you have time.
- **Option Two:** Have the children sit in a circle and play a good old-fashioned game of telephone. Think of a phrase to tell one child who will then whisper it to the next person and then the next until all have had a turn. The last child to hear the phrase will then tell the group what they thought they heard. It may or may not be what you initially told the first child.
- **Option Three:** Divide children up into four groups and then mix them up. Put blindfolds on them (in a safe open space) and have them say their numbers out loud to find all the other members of their group. They can walk around or have them get on all fours for a safer option. The ones should find the ones by listening to the others. The activity is done when all the numbers have found each other.

## ASK

- What made it difficult to hear?
- How hard did you have to try to listen?
- Do you think sometimes we don't hear because we aren't paying close enough attention?
- What makes it difficult for us to hear God?
- I wonder what God sounds like?
- Have you ever heard God?
- Where do you hear him the most?

## SAY

God can speak to us through other people like teachers, parents, friends, or family. God can speak to us in nature because God created it. God can speak to us by being quiet and just listening. God can speak to us through songs and music. God can speak to us through art and drawings. God can speak to us in Scripture—the Bible. That is where we find the stories of God's people. That is where we find the stories about Jesus. Today, we are going to hear one of those stories. It may not be one you have ever heard before, so you will have to listen carefully.

## LISTEN TO HIM

- **Hear the Story:** Read Luke 9:28–36
- **See the Story:**
  - Video for older children (Legos) <https://youtu.be/sT-S1F3gsVI>
  - Video for younger children (song) <https://youtu.be/wkz3DMvA7zA>

## RESPOND TO THE STORY

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## ASK

- I wonder what you heard in that story?
- Who went up on a mountain to pray?
- Why do you think Jesus had to spend time praying?
- Do you think Jesus needed to listen to God too?
- Who were the people that showed up while Jesus was praying?
- Have you ever heard of Moses or Elijah?
- Have you ever had to wait somewhere and get sleepy like Jesus' friends?
- Why do you think Peter wanted to build them tents?
- Do you think they thought those men were important?
- Whose voice came from the cloud?
- What did God say?

## SAY

It's our Memory verse for today, "This is my Son, whom I have chosen; listen to him" (Luke 9:35). Can you repeat that with me? *(Make motions with hands to help them remember the text and verse. Have them repeat it to the person beside them.)*

## ASK

- Why do you think God told Jesus' friends (Peter, James, and John) to listen to his Son?
- Do you think we are supposed to listen to Jesus, too?
- What things get in the way of being able to hear Jesus?
- What are some ways we can hear Jesus better?
- What do you imagine Jesus might want to say to us?

**ACTIVITY** *Remind children of all the ways that God speaks to us and that one of those ways is through pictures and drawings. Distribute paper and markers or crayons.*

- **Option One:** Draw a picture of what you think God sees or hears when we pray.
- **Option Two:** Draw a picture of what you see or hear when you listen to God.
- **Option Three:** Listen to Jesus by praying in color. *(Look up [www.prayingincolor.com](http://www.prayingincolor.com) and click on "What Is Praying in Color" for a brief overview.)* Praying in color is a way for those who have a hard time staying focused (or awake like the disciples) while listening. Auditory or kinesthetic learners will gravitate to this discipline because it helps hold their attention while drawing or coloring in prayer. This medium works for all ages because you can draw a picture or write someone's name. It also works as a journal entry for old children as they learn to really listen to Jesus.

## REVIEW THE STORY

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## SAY

Let's take turns retelling our Bible story from today. I will start us off and then someone else can add the next part of the story. *(You can select children to do this or have them volunteer.)*

## ASK

- Who can tell me what our memory verse was for today?

## SAY

Let's say it all together now.

Luke 9:35: "This is my Son, whom I have chosen; listen to him."

## **ASK**

- Does anyone want to share what they drew while listening?
- What was one thing you learned today?

## **SAY**

It is important to God for us to listen to Jesus so we can know him better. We are going to be listening to some more stories of people in the Gospel of Luke in the next few weeks that help us know him better. I hope you will come back and listen with me!

## **PRAYER**

Invite children to share their prayer requests.

## **SAY**

Heavenly Father, we thank you for sending us your only Son, Jesus, so that we could know you better. Help us to listen to him better this week. Thank you for making us all so unique that we hear you in different ways. Thank you for giving us your Word so that we can get to know what his voice sounds like above all others. Amen.